

Massage Therapist

Adrienne Deaville-Reed

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Objectives

To create an easily assessable, approachable and safe environment for each client, making use of my therapeutic massage abilities in effleurage, friction, vibrations, percussion, wringing and lengthening to provide tension-relieving and rehabilitative treatment for the general public and those with Fibromyalgia and age-related concerns.

Qualifications Summary

- Experienced massage therapist dedicated to providing quality therapeutic massages and educating people on overall health and wellness.
- Succeeded in building an efficient private practice while working alongside other massage therapists.
- Able to uphold moral ethics to help promote a positive view on the industry.
- Established and maintained excellent client relationships to ensure higher number of repeat clientele.
- Instructed clients in proper care and helped individuals take steps to improve their health.
- Qualified in: Chair/on-site massage, Swedish massage, deep stone massage, prenatal/side-lying massage.

Education

Southern California School of Massage, Riverside CA, USA

Certificate in Swedish/American Massage, Anatomy and Physiology 1998

Work Experience

Massage Therapist: 2015 - present, Newark Therapeutic Massage, Newark-On-Trent, England, UK

Massage Therapist: 2004 - 2005, Soothing Touch Massage Therapy, Glasgow, KY, USA

Massage Therapist: 2003 - 2004, Adrienne Deaville Massage, Dr. Jeffrey Boggs, DC – Chiropractic, Glasgow, KY, USA

Massage Therapist: 1998 - 2003, On The Spot Massage Therapy, Glasgow, KY, USA

- Provided massage services to clients using safe, appropriate and effective techniques.
- Performed health history on clients and updated prior to each session; ascertained precautions/contraindications for massage prior to each session.
- Explained procedures and applied techniques appropriate to client needs and preferences.
- Observed client reaction to massage and modified as necessary.
- Solicited feedback and responded accordingly.
- Documented all sessions performed according to established guidelines.
- Other responsibilities included: Maintaining client confidentiality and sensitivity to age and gender related issues during all client interactions; reporting any unusual client interactions to supervisor immediately, scheduling and maintaining appointments; assisting in collection of fees, consulting with appropriate treatment staff regarding treatment plans when necessary.

Organizations

CMA (Complimentary Medical Association), member: 2015 - present

ABMP (Associated Bodywork and Massage Professionals), member: 1998 – 2005